



# A Guide to the National Disability Insurance Scheme (NDIS)

Interchange has developed a number of resources, known as NDIS Tips Sheets.

**Suitable for:** families and carers of a person with a disability who wish to receive disability support from the NDIS

**Includes:** key information about NDIS eligibility, access and participation

**Available at:** [www.interchange.org.au/resources](http://www.interchange.org.au/resources)

## The NDIS Tips Sheets topics are:

### NDIS Tips Sheet 1:

#### NDIS - An Introduction

- What is the NDIS? What is the NDIA?
- When and where the NDIS will be available

### NDIS Tips Sheet 2:

#### NDIS Eligibility

- Disability requirements
- Early intervention requirements
- NDIS Access Checklist – an online tool to help check NDIS eligibility

### NDIS Tips Sheet 3:

#### NDIA Access Request Form

- What is a NDIA Access Request Form?
- How to request a form
- How to complete a form

### NDIS Tips Sheet 4:

#### NDIS Plan

- What is a NDIS Plan?
- Supports that can be funded by a NDIS Plan
- Tips on developing a Participant Statement

### NDIS Tips Sheet 5:

#### NDIS Plan Implementation

- Managing NDIS funds
- Finding service providers
- Reviewing the NDIS Plan

### NDIS Tips Sheet 6:

#### NDIS Support for Families and Carers

- Types of NDIS supports that can benefit families and carers, directly or indirectly
- Respite-like supports

## KEY TERMS

The **NDIS** is the **National Disability Insurance Scheme**. The NDIS provides people with disabilities, their families and carers more choice and control over how disability supports are provided.

The **NDIA** is the **National Disability Insurance Agency**. It is the organisation which works with people with disabilities, their families and carers to get access to the NDIS support they need.

## Contact us

### Interchange

Visit [www.interchange.org.au](http://www.interchange.org.au) to find your nearest agency

### NDIS

Call **1800 800 110** Visit [www.ndis.gov.au](http://www.ndis.gov.au)

Email [enquiries@ndis.gov.au](mailto:enquiries@ndis.gov.au)

The information contained in this Tip Sheet is current as at September 2016